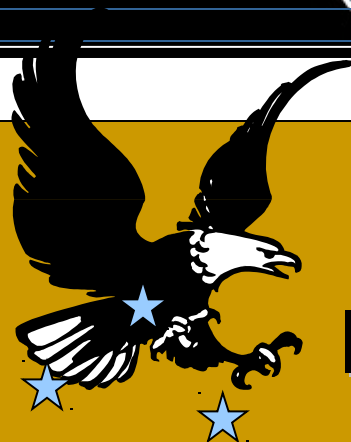


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# *The Army's EO Program and Policies*



## Lesson 2: Ice Breaker Exercise

# Purpose

- **The Equal Opportunity Representative's Course (EORC) not only provides you training on the Army's EO policies and procedures, but is designed to teach you the skills necessary to perform as EORs.**
- **The basic knowledge you need to take away from this course is respect and dignity for others is what the EO program is about and strives to achieve.**



# Purpose

- **An icebreaker exercise will be conducted. The purpose of the exercise is to give you an opportunity to learn a little about individuals you may encounter in your work place.**
- **By understanding each other's values and interests, you have a better understanding of the individual and is the first step in knowing yourself and others.**




# Exercise

- **The EOR Badge, noted in slide 4, depicts a sample of a completed badge.**
- **You may use pictures from magazines or other resources to prepare badges.**



# Sample EOR Badge

<div>Integrity Honesty</div> <div>Candor Courage</div> <div>Competence</div> 	
Church	Family
Education	Career
Name: Jane Doe Race: African-American Ethnicity: Gender: Female Religion: Baptist Geo-Location: California	
Group 1: Soldier Group 2: NCOA Group 3: Parent Group 4: Audie Murphy Club Group 5: Sportswoman	



# Badge Instructions

- **An icebreaker exercise will be conducted. The purpose of the exercise is to give you an opportunity to learn a little about individuals you may encounter in your work place.**
- **By understanding each other's values and interests, you have a better understanding of the individual and is the first step in knowing yourself and others.**

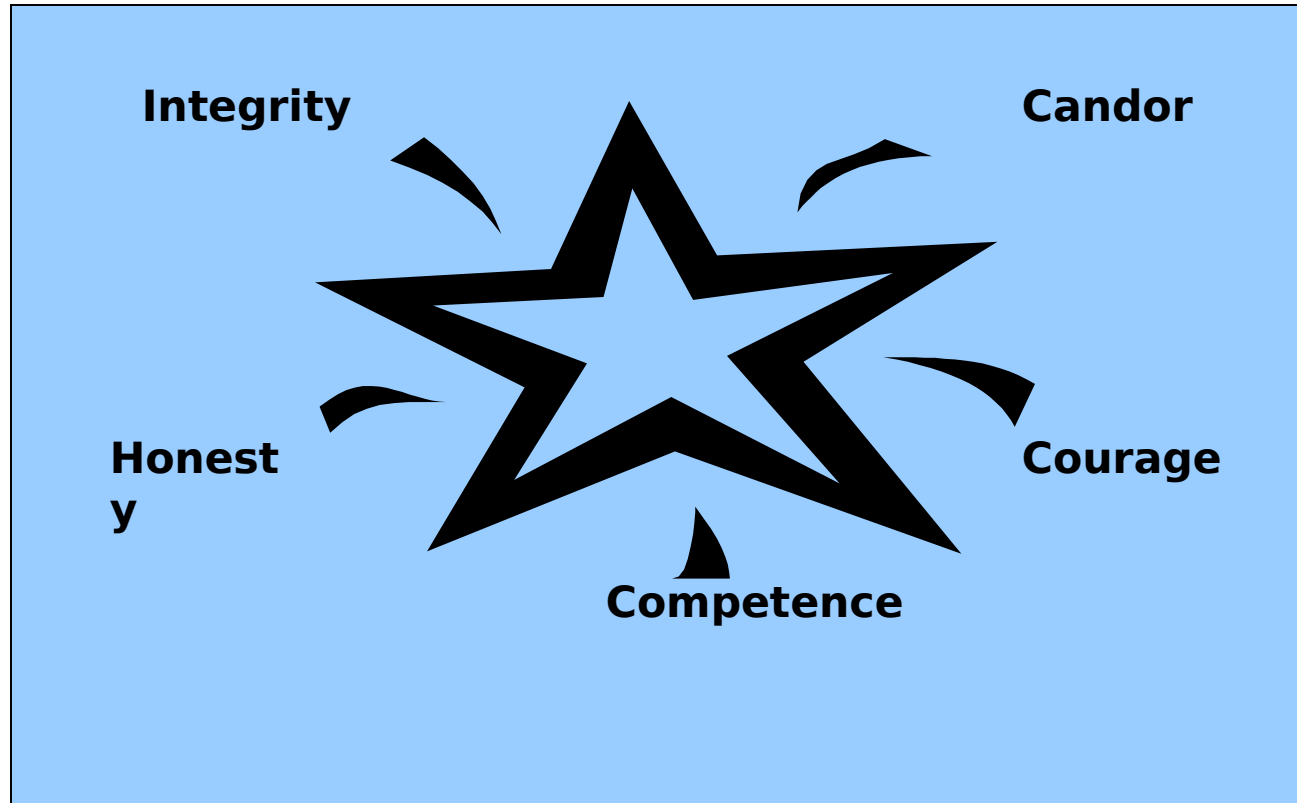


# Part 1, Characteristics

- The first section of the badge will contain a picture and five words that best describes themselves from their own perspective around the picture.
- Draw a picture or use an actual photograph.
- Use your own descriptive words.
- Some examples may be “parent,” “father,” “mother,” “soldier,” “American,” etc.



# Samples Characteristics





# Part 2, Values

- The second section of the badge contains four values each individual feels is most important to them.
- The values will be listed in each area of a section drawn with one horizontal line and one vertical line crossing in the center, making four equal squares.
  - (1) Students are to describe pictorially their four highest values.
  - (2) Values will be prioritized with their highest value in the upper left square. The second highest value is to be placed in the upper right square, the third highest in the lower left square, and the fourth highest in the lower right square.



# Sample Values

List four of your highest values

Church	Family
Education	Career



# Part 3, Membership Groups

- In this area is identifies your membership groups.
- Place your name at the top of the section and below your name write your race, ethnicity, gender, and religion.
- Geographic background includes your city and state where you were raised.



# Part 4, Reference Groups

- In this portion of the badge identify the different groups you belong to or are associated with.
- Once the badge has been complete review the information.



# Sample Reference Groups

- Soldier
- NCOA
- Parent
- Audie Murphy Club
- Sportsman



# Conclusion

- By understanding each other's values and interests, you have a better understanding of the individual and is the first step in knowing yourself and others.
- Respect and dignity for others is what the EO program is about and strives to achieve.

